



Stacie Shifflett

FOUNDER & ARCHITECT OF
MODERN CONSCIOUSNESS®

Building the human capabilities that shape how we understand, choose, and engage with life.

Modern Consciousness® is a philosophy and framework for strengthening our capacity to understand more fully, think more clearly, exercise greater discernment, and engage with life more intentionally.



ABOUT

Stacie Shifflett is the Founder and Architect of Modern Consciousness®, a philosophy and framework for strengthening our capacity to think with greater clarity, discernment, and intention.

Her perspective was shaped through decades of building businesses, leading teams, navigating major life transitions, and seeking to understand why people think, choose, respond, and experience life as they do. Over time, she recognized a consistent way of thinking across seemingly different challenges—one she eventually developed into Modern Consciousness®.

Today, her work focuses on developing the human capabilities that help us understand more fully, think more clearly, exercise greater discernment, and engage with life more intentionally. She is also the author of Treasure Map to Joy™.

In Their Words.

*"Stacie has one of the **brightest minds** I've ever met."*

— Jack Canfield

*"Anyone who wants **more out of life** needs to read Treasure Map to Joy™."*

— Larry Namer, Founder of E! Entertainment

*"Treasure Map to Joy™ is for everyone who wants more out of life... take action to **seize the happiness** you've always deserved."*

— Greg Reid



SPEAKING TOPICS

WHAT DESERVES YOUR ENERGY WHEN YOU HAVE NO INFLUENCE?

Staying informed is a decision. Remaining emotionally activated is another. Explore how to care deeply without continually investing energy where you have little influence—and redirect it toward where your participation can matter.

THE HIDDEN COST OF OUTSOURCING YOUR THINKING

We rely on experts, algorithms, social groups, and people we trust every day. But when does seeking input become surrendering our own judgment? Explore the often-overlooked line between being informed and outsourcing our thinking—and what it takes to strengthen our capacity to think and discern for ourselves.

WHAT YOUR RELATIONSHIP WITH JOY REVEALS ABOUT YOUR RELATIONSHIP WITH LIFE

What if your relationship with joy is telling you something about your relationship with life? Explore what we require before allowing ourselves to experience joy, where we've learned to look for it, and what those patterns may reveal.

DECISION DEBT

Not making a decision doesn't mean nothing is happening. Explore how decisions we postpone can consume attention, limit possibilities, and affect other areas of our lives—and why knowing when not to decide matters too.

THE LIFE YOU'RE EXPERIENCING VS. THE LIFE YOU'RE INTENDING

Good intentions don't always create the outcomes or experiences we expect. Explore the gap between the life we intend to create and the life we're actually living—and what that gap can reveal about what deserves our attention, what matters now, and the choices we're making along the way.

WHY BETTER QUESTIONS CREATE BETTER POSSIBILITIES

Every question directs our attention somewhere—and away from something else. What might we be missing simply because of the questions we're asking? Explore how changing the inquiry can change what we're able to see.

COMPLIMENTARY TOPIC-ALIGNED RESOURCES ARE AVAILABLE FOR LISTENERS WHO WANT TO EXPLORE THE CONVERSATION FURTHER.

The most relevant resource will be selected based on the conversation.



BOOK STACIE FOR YOUR PODCAST

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