



# Elevate Your Life™

Empowering you to positively and significantly impact your life and the lives of those around you with personal one-on-one coaching and mentoring.

## Topics I Am Passionate About



### YOU Are The One Constant in Your Life.

YOU are the fundamental element in your life. YOU take yourself with you wherever you go. There are so many aspects within you and these aspects form the filter of your personal worldview. Let's dig deeper and find out more.



### Triggered Much?

Do you feel like you are riding on an emotional rollercoaster? Are you prone to reacting versus responding? Uncover ways to understand your triggers and regain control of your emotions and your inner peace.



### Living With Intention

Some feel like they are running on autopilot and have lost control of the trajectory of their life. Learn ways to develop a blueprint to help stay focused on dreams, goals, and desires.

# Stacie Shifflett

Consciousness Coach™  
International Best-Selling Author  
Entrepreneur  
Speaker



## SEARCHING FOR AN INSIGHTFUL PODCAST GUEST?

Stacie Shifflett is an accomplished businessperson and entrepreneur with experience and successes that span multiple industries. She is also a proficient student of life blessed with the gifts of insight, grit and optimism wrapped in a heart full of compassion.

A life-changing event in 2012 propelled Stacie forward on a personal journey of healing and self-discovery. During this time, she created opportunities to study with some of the best in the world on a wide range of topics and modalities. Her goal? To gain a better understanding of the human condition in general and, even more importantly, her own beliefs and mindset. That journey ignited in her a desire to help others reclaim their joy and peace of mind with the belief that we all have the freedom to fully align with the brilliance that is uniquely ours.

Stacie Shifflett founded Modern Consciousness™ in 2021. The concept for the company was originally gifted to Stacie during meditation. Although she initially resisted the idea of starting another company, the inner prompting to create Modern Consciousness™ persisted and amplified until she chose to no longer ignore it. And with that, Modern Consciousness™ was born.

- Founder of Modern Consciousness™ & Consciousness Coach™
- Certified ThetaHealer®
- Certified Free-mE Emotional Freedom Technique (EFT) Practitioner™
- Master Practitioner of Neuro-linguistic Programming
- Professional Neuro-Shine Technology Coach™
- Certified High Performance Coach™
- Two-time International Bestselling Author

Visit the site to learn more and view past and upcoming podcasts.

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